



KA MAKA O KOHALA HOSPITAL

Administrator's Corner

Let me introduce myself. I am Gino Amar and as of July 16, 2012, I have been named Hospital Administrator for Kohala Hospital. I have 20 years of experience at Kohala Hospital first serving as an accountant, then became the hospital's business office manager, and subsequently moved up the ranks to being the assistant hospital administrator, administrative services. I went back to school in 2010 and hold a Master of Health Administration degree and Nursing-Home Administrator license. All credentials aside, I was born here in Kohala Hospital and raised in the North Kohala community. I look forward to further improving the rural health care for the community. Please feel free to stop in to see me on your next visit.

Mahalo,
Gino Amar
Hospital Administrator

KOHALA RENOVATIONS

Kohala Hospital renovations continued this past quarter into the fall. Again, we would like to thank everyone especially our residents and their families, for graciously working with us to accommodate the renovations.

Bathroom renovations are almost complete in rooms 21 and 22. We plan to renovate room 11 and the public restroom across the nurses' station next. West-wing hallway wainscoting project, movement of the propane tank (see photos), and upgrade of telephone wiring project are all complete. New patient closets are due to arrive October 31, 2012.

And we continue! Hardware wiring and Wi-Fi installation upgrades, new software equipment, and door replacement/access project continue as we move towards installation of our electronic medical records system (EMR) February 1, 2013.

Thank you again to our building maintenance team, our staff, Foundation and Auxiliary.

Gas tank relocation



DID YOU KNOW...

The Long-Term Care Ombudsman Program (LTCO) was established by federal and state statutes. The LTCO identifies, investigates, and resolves complaints that are made by, or on behalf of residents, and related to action, inaction, or decisions that may adversely affect the health, safety, welfare, and rights of residents of long term care facilities such as nursing homes, adult residential care homes, assisted living facilities, and other long-term care facilities. John McDermott is the LTC Ombudsman for the state of Hawaii.

Nurses Notes

By Janet Schmidt

It's flu season! Families and visitors can help protect our residents from infection. The current recommendation is that everyone gets a flu shot. Getting vaccinated protects you and decreases the risk of transmitting the flu to our residents. People can spread the flu even before they feel ill. If you feel sick, please either delay your visit to the hospital or ask nursing staff to provide you with a mask. There is hand sanitizer dispensers located at the front door of the hospital and in various locations in the building. We encourage visitors to use these upon entering and leaving the facility.

Our residents love the gifts of food families bring them. However, we ask that anything perishable be brought in portions that can be consumed at one sitting. By regulation, we are not allowed to store these items for later consumption and any leftovers have to be discarded. We need to let kitchen staff know what additional foods residents are consuming as some people do have dietary restrictions. If you are bringing food, please stop by the nurses' station and complete our "outside food" form.

We thank you all for helping us keep our residents healthy and happy.

On your next visit to Kohala Hospital, feel free to stop in to see me or call me at 808-889-7906.

What's Cookin'?

Did you know that once a month we have an outdoor lunch with theme menus for our residents? Yes, we do! Our "5th of July menu" included: old fashion potato salad, chicken strips with BBQ dipping sauce, grilled asparagus with garlic sauce, baked beans, watermelon, and mint iced-tea. Complete with table top decorations of red, white, and blue made by the residents with assistance from Cheryl Rocha (Assistant Activities) and blue-grass music for entertainment. Our August belated "Statehood" celebration included: chicken lau-lau and sweet potatoes combined with the All-American favorites hot dog, creamy coleslaw and ice cream sundaes. A few of our Kupunas from the community charmed us with hula festivities and entertainment. In parting, the dietary department's goal in preparing food for our residents and staff is to stir with a smile, add a pinch of aloha, and serve from the heart. A hui hou aku...until we meet again.

The Kohala Dietary Team, Maha, Joleen, Lurleen, Gwyn, and Ray.



Kohala Hospital Charitable Foundation

The Kohala Hospital Foundation continues to support Kohala Hospital with financial assistance toward equipment and upgrade/renovation of its plant. The Foundation is busy planning its Annual Golf Tournament and Social Gala events for the year 2013.

For more information or to donate, please call the Foundation President Tommy Tinker at 808-889-5584.

Photos taken at the Foundation's Annual Golf Tournament which raised \$37,500. Proceeds to go toward the Emergency Room Project as seen on the

